

# Skill Builder for School Leaders:

## *Managing Your Time Now*

**SAANYS** AND  
**The College of Saint Rose**  
**LEADERSHIP**  
**NETWORK**

Presented by SAANYS and THE COLLEGE OF SAINT ROSE LEADERSHIP NETWORK

Online Webinar | JANUARY 14, 2021 | 4:00 PM-5:15 PM

Your time has never been in more demand than during this roller coaster of a school year. Mismanaging time now can have an impact both professionally and personally. Don't miss this short but sweet skill builder by a school leader for school leaders. Leading in person and remotely during an unpredictable time, dealing with email overload, and supporting your staff, parents, and students will all be explored. This is a great way to connect with other school leaders who are facing the same challenges you are and come away with strategies you can use right away.

Being an instructional leader and an effective manager – it all comes down to relationships.

Topics include:

- Visibility, onsite and remotely: Success begins with culture
- Budgeting time with intention and purpose
- Self-care: Finding personal and professional balance

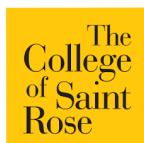
### Active Practitioner Instructor – Gwynne Cosh



Mrs. Gwynne Cosh is the principal at William H. Barton Intermediate School for the Queensbury Union Free School District, in Queensbury, NY. Gwynne was the chairperson for the character education committee when their building was awarded a national school of character recognition in 2018. This coming spring Gwynne will be presenting at the National School of Character Conference focused around empowering students and educating staff to

override the effects of poverty. Gwynne is a level 1 Google educator. Previously she was the assistant principal at the Barton building where she established a consistent and systematic response to intervention K-5 program and mentored Skidmore College students through her Barton United Club. Throughout the years she has provided professional devel-

opment in the areas of character education, restorative practices, poverty, ACES, and mental health and wellness for all her students, building staff, and transportation department. Gwynne has been the guest speaker in numerous administrative leadership classes both through The College of Saint Rose and SUNY Plattsburgh programs. Gwynne is extremely passionate about student involvement and building positive relationships beyond the school walls. As a teacher Gwynne taught fifth-grade for nine years in Hartford Central School District, in Hartford, NY. Gwynne resides in Queensbury, NY with her husband Larry, and two children Mallory (9) and Trent (7). She enjoys camping, hiking, and running.



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