Resilience Forward Framework

Professional Development and Support:
- Restorative Practices
- Mediation
- Social Emotional Learning
- Social Emotional Teaching
- Community Schools

Direct Service:
- Restorative and Community Circles
- Social Emotional Lesson Instruction
- Interactive Virtual Performances, Classes and Assemblies

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Everyone Needs Resources

And they may not know how to find them.
Being resilient includes knowing how to ask for help/assistance.
Common Needs

- Food & Nutrition Assistance
- Housing & Utilities
- Health & Wellbeing: physical, mental/emotional
- Financial
- Legal
NY State Services
https://www.ny.gov/services

- Resources vary by county and region
- Most counties have a resource directory
- 2-1-1 Connect is a referral source by region
HELP STARTS HERE

211 is a vital service that connects millions of people to help every year. To get expert, caring help, simply call 211 today or search for your local 211 below.

Dial 211 or visit 211.org
Make Community Resources Easy to Find & Discuss

- Identify a common public space to share pamphlets, post websites
- Add resources to newsletters (Faculty & Family)
- Identify the “Go To” staff in your building who keep up with local resources
- Create opportunity for people to share & connect over resources they have found helpful/had success utilizing
Make Community Resources Easy to Find

- Housing & Utilities: NYHousingSearch.gov
- Food & Nutrition: myBenefits.ny.gov
- Mental Health: NYProjectHope.org
- Mental Health: MHANYS.org