

#### Resilience Forward Framework

#### **Professional Development and Support:**

- Restorative Practices
- Mediation
- Social Emotional Learning
- Social Emotional Teaching
- **© Community Schools**

#### **Direct Service:**

- Restorative and Community Circles
- Social Emotional Lesson Instruction
- Interactive Virtual Performances, Classe and Assemblies



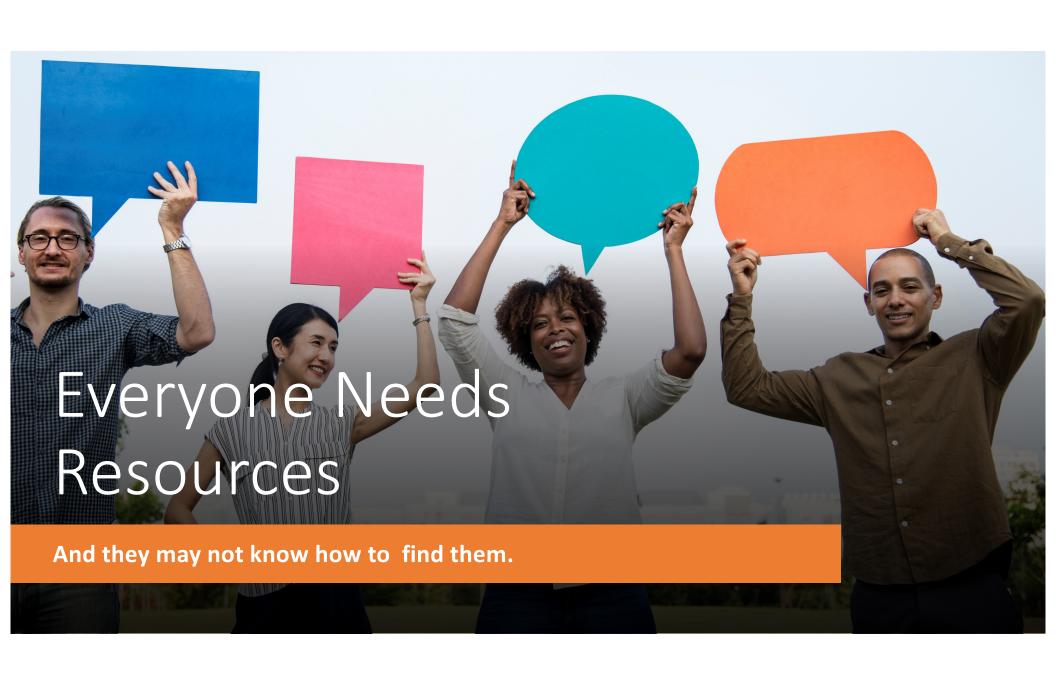
Dr. Lura Lunkenheimer, President and CEO

315.558.4219 lural@peacefulschools.co m



Certified Women-Owned Business Enterprise







Being resilient includes knowing how to ask for help/assistance.

## Common Needs

Food & Nutrition Assistance

Housing & Utilities

Health & Wellbeing: physical, mental/emotional

Financial

Legal

### **NY State Services**

https://www.ny.gov/services



- Resources vary by county and region
- Most counties have a resource directory
- 2-1-1 Connect is a referral source by region

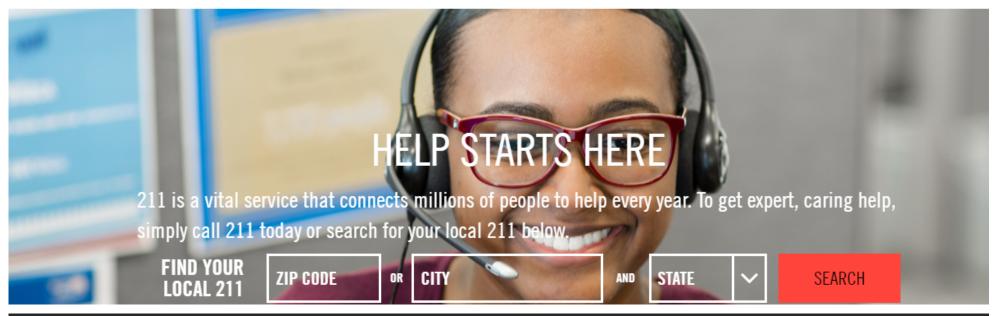
HOW WE HELP



ABOUT



DONATE



Dial 211 or visit 211.org

## Make Community Resources Easy to Find & Discuss

- Identify a common public space to share pamphlets, post websites
- Add resources to newsletters (Faculty & Family)
- Identify the "Go To" staff in your building who keep up with local resources
- Create opportunity for people to share & connect over resources they have found helpful/had success utilizing

# Make Community Resources Easy to Find

- Housing & Utilities: NYHousingSearch.gov
- Food & Nutrition: myBenefits.ny.gov
- Mental Health: NYProjectHope.org
- Mental Health: MHANYS.org
- Heating Assistance (HEAP):
   https://www.ny.gov/services/apply-heating-and-cooling-assistance-heap